



Ontario Canoe Sprint Racing Affiliation (OCSRA) - Parent Information Session



PROGRAM'S REVIEW
JUNE 12, 2016
ONTARIO TEAM TRIALS





Ontario Team Programs



- **Objective**
 - Support athletes in their pursuit of achieving world-class results
- **3 types of support**
 - OHPSI program – training services, competition/training funding, training camps, testing/monitoring
 - OAAP (Q4G) – training funding, training camps, testing/monitoring
 - Development Team – training camps, testing/monitoring
- **Selection**
 - International results
 - CKC NextGen/Academy program nomination
 - Best result at OTT's* or NTT2
 - * Development Team = OTT's and podium finish at National Championships
- **Ranking**
 - Ontario Team Ranking List (OTRL) – cross-discipline ranking of athlete's % from GMT & position of finish
 - New this year - use of CKC Corrected Times – times that take into account water temperature, wind speed and wind direction.



Ontario Regatta Team Tour

- **Objective**

- Provide international level competition & crew boat focused training camp

- **Events**

- Canada Day Regatta – July 1/2, Ottawa ON
 - ✦ Travel to Ottawa on June 30 by bus
 - ✦ Accommodation: Carleton U & billeting
 - ✦ Possible boat pick up at NTT2
- Training Camp – July 3-8, Ottawa ON
 - ✦ Training at RCC
 - ✦ Accommodation: Carleton U & billeting
- Canada Cup Regatta – July 9/10, Shawinigan QC
 - ✦ Travel to Shwaingian on June 30 by bus
 - ✦ Travel to Ottawa/GTA on July 10 by bus
 - ✦ Accommodation: Auberge hotel

- **Selection**

- U17, U19, U23 & Para ranking list based on position of finish at OTT's
- Highest ranked athlete in each distance/age
- MK combined 1000m, 500m, 200m, MC 1000m, WK/WC combined 500m, 200m, Para 200m
- U23 = 2-4, U19 = 2-4, U17 = 4-6, Para 1-2

- **Cost**

- \$300-\$500



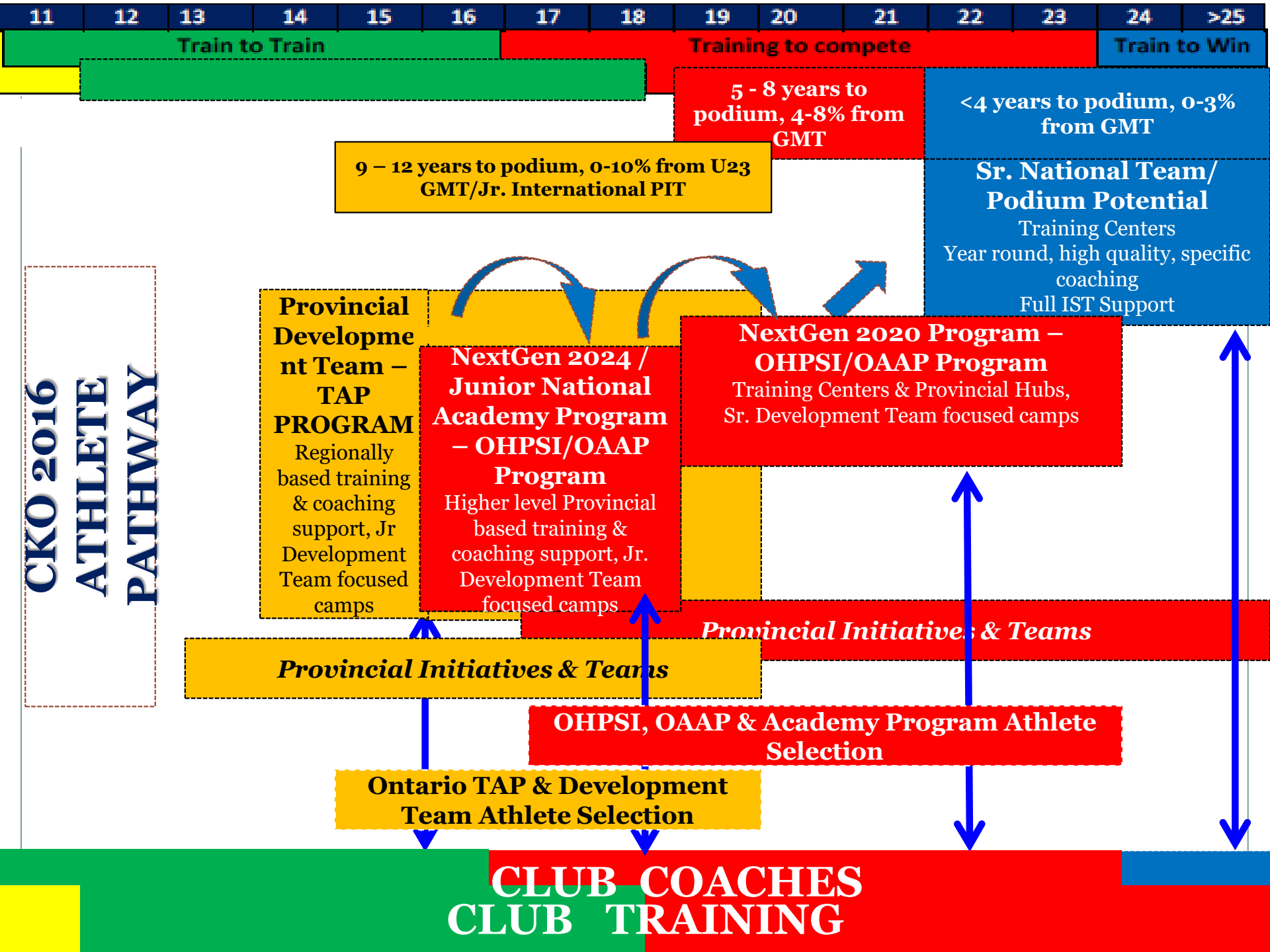


TD Roles & Responsibilities cont.



- **Competitions**
 - Manage OCup Series events
 - Monitor athletes' in competition
- **Coach / Officials Development**
 - Provide Coach Ed workshops – CanoeKids: June 26 @ Camp Ak-O-Mak
 - Provide Professional Development opportunities
 - ✦ Ontario Regatta Team Tour projects
 - ✦ Development Coach Projects – training camps
 - ✦ Apprentice Coach Program (ACP)
- **Club Development**
 - Club & Coach Development Project
 - ✦ Provide support/assistance to Ontario clubs
- **Athlete Development**
 - Implement HPMP
 - Enhance DTE for OHPSI and Q4G athletes – OHPSI/NextGen
 - Create a Talent ID/Development program – TAP/Academy Program

*Providing programs that are **Athlete centered, Coach/Club led and PSO supported***





Additional Upcoming events

- Ontario Summer Games: August 12 – Welland
 - Provincial Championships in singles, inter-divisional crew boat championships
 - Top 11 U16 in each discipline based on divisional qualification
- OCup 3 - Ontario Championships: August 13/14 – Welland
 - U16+ events on Saturday, Aug 13, U15 & under events on Sunday, Aug 14
 - Top U13, U14, U15 for each division. U16+ is a direct entry process
- OCup 4 – Long Distance Regatta: October 1/2 – Ottawa
 - 10Km, 16km-28km with portages
- NextGen/OHPSI, Q4G, Development Team Camps
 - Dry-land testing, on-water/dry-land testing & training
 - ✦ September 22-25 – CSIO (Toronto)/Welland
 - ✦ December – CSIO/MCC
 - ✦ January/February – RCC/Gatineau Park



- **Q & A**
- **Suggestions for Ontario programs/activities?**

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